

The Genderbread Person



LOS ANGELES LGBT CENTER

RISE

GENDER EXPRESSION



SEX ASSIGNED AT BIRTH

FEMALE

INTERSEX

MALE

Sex assign at birth describes how your physiological characteristics (chromosomes, hormones, and internal/external reproductive organs) relate to the medical definitions of sex.



GENDER IDENTITY

WOMAN/GIRL

NON-BINARY

MAN/BOY

Gender identity is how you, in your head, think about yourself. When you think about who you are, are you a man, woman, genderqueer, more than one, none, etc?



GENDER EXPRESSION

FEMININE

ANDROGYNOUS

MASCULINE

Gender expression is how you communicate/perform gender and can include the ways you act, dress, behave, and interact.



SEXUAL ORIENTATION

STRAIGHT

BISEXUAL

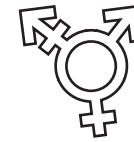
GAY/LESBIAN

Sexual orientation is who you are physically, spiritually, and/or emotionally attracted to.



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